

Family Life Impact Questionnaire - Adult (FLIQ-ASR)©

Susanne Smith Roley & Zoe Mailloux

November 21,2018

Client's ID:

Date of Birth:

Date of testing:

Diagnosis:

Please answer the following questions in relation to everyday life. Think about the last month or so (rather than the entire last year or just the last day or two.) If you have been sick or have experienced some unusual event (e.g. loss, trauma, unemployment etc) try to answer the questions in terms of how things were going just before this event.

KEY:

	A	O	S	R/N	N/A	Comments
Part 1 Do you ...						
1. relate to being part of your family?						
2. interact with adult family members?						
3. interact and play with children or younger family members eg own children, nieces/nephews etc?						
4. "fit in" with peers?						
5. Engage in leisure, hobbies and sport, or other fun activities with friends?						
6. make and keep friends?						
7. get invited by peers to social events such as birthdays and meals out?						
8. invite friends out to social events?						
9. gets invited out to social events?						
Part II How often do the following daily household routines run smoothly for you and your family?						
10. washing and dressing in the morning						
11. getting ready to go to work or other roles eg school drop off						
12. leaving the house in the morning						
13. meal preparation and clearing up						
14. eating and mealtimes						
15. washing and bathing activities						

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16. grooming activities eg shaving, doing hair						
17. home management paperwork eg bills etc						
18. general cleaning eg hoovering						
19. regular chores eg laundry						
20. putting personal belongings away						
21. returning household objects to their proper place						
22. getting ready for and going to bed						

	A	O	S	R/N	N/A	Comments
Part II (cont.) How often do the following activities go smoothly for you family?						
23. running errands						
24. shopping trips for groceries or clothes						
25. dining out						
26. Social activities eg birthday parties						
27. spontaneous outings						
28. unexpected changes in schedule or routine						
29. recreational activities such as sports, clubs or creative pursuits eg cycling, book club, craft class						
30. family trips such as going to the dog walks, park, museum or the movies						
31. family gatherings (e.g. holidays, weddings, birthdays, etc.)						
32. leaving to go out on overnight trips						
33. following through with plans (i.e. not having to cancel at the last minute)						
34. holidays/vacations						
35. avoid face to face communication/social events choosing instead to engage via text/phone/social media etc						

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36. when exposed to new activities							
37. socialising with strangers, extended family and friends?							
38. staying involved within the community?							

Other comments:
